



Age-Expected Child Development from Birth to 5 Years

The Early Childhood Outcomes Center (www.the-eco-center.org) developed a list of links to resources that provide different kinds of information about age-expected skills and behaviors observed in children from birth to five years. This kind of information may be helpful for providers and family members in discussions about Child Outcomes Summary Form ratings.

Broad Topics

<http://www.cfw.tufts.edu/>

Tufts University hosts a Child & Family WebGuide that allows users to select a variety of issues by age or topic. Websites addressing those issues are listed, with reviews and ratings of their quality. Under “typical development,” there is a section on developmental milestones.

Birth to 3 Years

<http://www.firstsigns.org/healthydev/healthydev.htm>

This site provides information on monitoring development, typical milestones, and questions and information about warning signs suggesting atypical development or delays. Articles, checklists, and steps to take are provided.

<http://health.discovery.com/centers/kids/timeline/timeline.html>

Information from the Discovery Health Channel offers basic developmental milestone information for children birth to 1 year old.

Birth to 5 Years

<http://www.cdc.gov/ncbddd/actearly/milestones/index.html>

This information from the Centers for Disease Control and Prevention (CDC) provides bulleted information on the developmental milestones for children from 3 months to 5 years of age and offers developmental warning signs for each age group. The site also offers interactive tools for users to specify certain ages, select areas of development, and examine expected changes in milestones over time.

<http://www.umm.edu/ency/article/002348.htm>

The University of Maryland Medical Center provides an overview of common developmental milestones and broad recommendations for play activities at various ages from birth to 5 years.

<http://www.med.umich.edu/1libr/yourchild/devmile.htm>

The University of Michigan Health System provides a detailed list of milestones at various age groups from birth through adolescence. The list is based on one developed by the American Academy of Pediatrics and ZERO TO THREE. Additional resources for more information are provided.



Birth to 5 Years (continued)

<http://www.kidsgrowth.com/stages/guide/index.cfm>

This site provides brief paragraphs summarizing what is commonly observed at various ages from birth to 18 years. It includes bulleted descriptions of specific skills in many areas, including development and feeding behavior. The site also provides considerable parenting resources and advice, with content overseen by a medical advisory board.

<http://www.pbs.org/wholechild/abc/index.html>

<http://www.pbs.org/parents/childdevelopment/>

Two different sections from the Public Broadcasting Service (PBS) site provide a general overview of development by domain (first link) and specific information for each specified domain and age group (second link) on children's development and skills from birth to 6 years.

<http://www.aap.org/healthtopics/stages.cfm>

Detailed information from the American Academy of Pediatrics on developmental stages, health topics, and common issues from birth to 21 years of age.

<http://www.babycenter.com/>

This site provides information on development and key issues by age. Milestone charts and common questions/issues and resources are provided for birth to three year-olds (<http://www.babycenter.com/milestone-charts-birth-to-age-3>), two to four year-olds (<http://www.babycenter.com/preschoolers>); and 5-8 year olds (<http://www.babycenter.com/big-kid>). In many cases, milestone charts are organized by skills that most kids this age can do, emerging skills that about half of kids this age can do, and advanced skills that a few kids this age can do. Considerable information is provided about warning signs for developmental delays.

<http://www.speechdelay.com/milestones>

This site was developed by a speech therapist. It identifies speech milestones from birth to 7 years and provides "Talking Tips" to help parents support language development.

<http://www.nidcd.nih.gov/health/voice/speechandlanguage.asp>

This site by the National Institute on Deafness and Other Communication Disorders provides an interactive checklist for users to check off a child's skills and track speech and language development from birth to 5 years. Additional information about ongoing research is also presented.

http://en.wikipedia.org/wiki/Child_development

Although this site requires the caveat that its content is open to editing and addition by the general public, Wikipedia content generally has been found to be quite consistent with other sources. The site includes a detailed description of common patterns of child development across domains from birth to 5 years as well as explanations of major theories of development.

<http://www.childdevelopmentinfo.com/>

This Child Development Institute site was developed by a clinical psychologist. It includes a wide array of information, including charts on toddler and preschool development across domains and general development from birth to 5 years.

