Public Health Nursing and Indian Health Services

Albany County (307) 721-2561
Big Horn County
Greybull Office (307) 765-2371
Lovell Office (307) 548-6591
Campbell County (307) 682-7275
Carbon County
Rawlins Office (307) 328-2607
Saratoga Office (307) 326-5371
Converse County
Douglas Office (307) 358-2536
Glenrock Office (307) 436-3474
Crook County (307) 283-1142
Fremont County
Lander Office (307) 332-1073
Riverton Office (307) 856-6979
Goshen County (307) 532-4069
Hot Springs County (307) 864-3311
Johnson County (307) 684-2564
Cheyenne-Laramie County (307) 633-4000
Lincoln County
Afton Office (307) 885-9598
Kemmerer Office (307) 877-3780
Casper-Natrona County (307) 235-9340
Niobrara County (307) 334-2609
Park County
Cody Office (307) 527-8570
Powell Office (307) 754-8870
Platte County (307) 322-2540
Sheridan County (307) 672-5169
Sublette County
Pinedale (307) 367-2157
Big Piney (307) 276-3575
Sweetwater County
Rock Springs Office (307) 922-5390
Green River Office (307) 872-3944
Teton County (307) 733-6401
Uinta County
Evanston Office (307) 789-9203
Lyman Office (307) 787-3800
Washakie County (307) 347-3278
Weston County (307) 746-4775
Indian Health Services
Arapahoe (307) 856-9281
Ft. Washakie (307) 332-3521

Maternal and Family Health

Wyoming Department of Health
Commit to your health.

Community and Public Health
Maternal and Family Health Section
6101 Yellowstone Road, Suite 420
Cheyenne, WY 82002
Phone: 307-777-6921
Fax: 307-777-8687
Toll Free: 1-800-438-5795
Website: www.health.wyo.gov or E-mail: mfh@wyo.gov

Available services may vary by location.
This publication is available in an alternative format by request.
Call 307-777-6921

Maternal and Family Health

As part of a broad network of partners, the Maternal and Family Health Section (MFH) assesses, monitors, and improves the health and well-being of all mothers, infants, children, and adolescents, as well as children and youth with special health care needs, by strengthening the personal care and public health systems to assure access to quality comprehensive healthcare. These services are community-based, family-centered, and culturally appropriate. The MFH Continuum of Care includes such programs as: Best Beginnings for Wyoming Babies, Nurse Family Partnership, Maternal High Risk, Newborn Intensive Care, Family Planning, Safe Kids Wyoming, Child and Adolescent Health, Children's Special Health Services, Genetic Counseling Services, and Newborn Metabolic Screening. Programs are available to Wyoming residents who meet eligibility requirements. To learn more, go to: http://www.health.wyo.gov/ and click on Community and Public Health Division, Maternal and Family Health Section.

Best Beginnings

Best Beginnings (BB) for Wyoming babies is a perinatal program that assists pregnant women in accessing care and services necessary to help assure a healthy pregnancy outcome. County Public Health Nurse (PHN) offices offer BB services to pregnant women without financial qualification. Services available include prenatal support, prenatal classes, smoking cessation support, breastfeeding, and parenting education classes. Referral to other programs and community resources is an integral function of the BB program.

At the community level, PHN helps strengthen systems of perinatal care for pregnant women, infants, and their families throughout Wyoming. Pregnant women can contact their local PHN office for more information.

Nurse Family Partnership

Nurse Family Partnership (NFP) is a voluntary home visitation program designed to help first time parents have a healthy pregnancy and baby. A specially trained registered nurse provides the families with home visits during the pregnancy and continues visiting and supporting parents after birth. The NFP program focuses on the needs of first time mothers. Please contact your local PHN office for more information.

Maternal High Risk

Limited financial assistance is available through the Maternal High Risk (MHR) Program to assist pregnant women who require transfer out of state for high risk specialty care and who meet financial eligibility requirements. This program also provides limited coverage for pre-and post-conceptual genetic counseling and testing for eligible families. Please contact your local PHN office for more information.

Newborn Intensive Care

Limited financial assistance is available through the Newborn Intensive Care (NBIC) Program to assist with newborns who are either delivered in a tertiary care facility, or are required to be transported to a NICU III (tertiary care) from another delivering hospital. Medical and financial eligibility guidelines must be met. Limited financial assistance is also available to reimburse parents for travel to the tertiary care facility for the enhancement of parent-infant bonding. Please contact your local PHN office for more information.

Women's Health

Private and public providers ensure access to family planning services for women and men who reside in Wyoming. For additional information, please contact your local PHN office.

Safe Kids of Wyoming

Safe Kids Wyoming is one of more than 300 grassroots coalitions in all 50 states, the District of Columbia, and Puerto Rico that bring together health and safety experts, educators, corporations, foundations, governments, and volunteers to educate and protect families. Safe Kids Wyoming is a member of Safe Kids Worldwide, a global network of organizations dedicated to preventing unintentional injuries. If you are interested in joining the coalition, offering support, finding a local chapter, or just learning more about the program, please contact Safe Kids Wyoming at (307) 633-7525. Website: www.safekidswyoming.org

http://www.safekidswyoming.org/

Child and Adolescent Health

Child and Adolescent Health Programs focus on the planning, and evaluation of health programs for children and youth, birth through 18 years of age.

- Partnerships support families and communities in their development of children who are healthy and ready to learn at school entry.
- Adolescent health focuses on assisting communities to help their adolescents in a healthy way and influence their development toward positive health outcomes. For more information call (307) 777-6921.

Children's Special Health

Children's Special Health Services (CSH) is a program for children and youth with special health care needs requiring more than routine and basic care. Our goal is to help these children and youth receive the best possible medical care. CSH provides payment for specialty medical care and coordination of care for children and youth with special health care needs.

Public Health Nurses (PHN) help parents find resources and coordinate services. Your PHN can help you:

- Learn more about the importance of having a "Medical Home" (a doctor to manage your child's care)
- Identify problems and/or solutions
- Learn about your child's medical condition
- Receive important services as close to your home as possible
- Learn special medical techniques for your child
- Get support in times of stress and crisis
- Advocate for your child

Please contact your local PHN office to apply for CSH services (see back for listings). There is a short financial application to fill out and the PHN will further discuss your child's and family's needs. For more information call (307) 777-6921.

Genetic Counseling Services

Genetic counseling services allow clients/families to gain a clearer understanding of inherited/genetic conditions and other birth defects, as well as the risk of occurrence and recurrence. There are no financial eligibility requirements for appointments.

These services are scheduled at various locations throughout the state. Clinic sites include Casper, Cheyenne, Cody, Gillette, Jackson, Riverton, Rock Springs, and Sheridan. Please contact your local PHN office or MFH for more information.

Newborn Metabolic Screening Program

Wyoming law mandates that all Wyoming families are offered screening of their newborns for inborn errors of metabolism. Wyoming screens for metabolic conditions and conducts a newborn hearing screening at birth. The infant is screened between 24 and 72 hours of age. A second screen is recommended between 7 and 10 days of age to test for conditions which may take longer to appear. The family must verify, in writing, if they choose to waive the screen.

Families follow up on any abnormal screening results in coordination with their primary care provider. Please contact your local PHN office for more information.