

Attention Providers: The Healthy Together! program supports your efforts to keep Medicaid clients healthy

The Healthy Together! program

The *Healthy Together!* program was developed by the **Wyoming Department of Health** to assist individuals and families covered by EqualityCare (Medicaid) insurance in realizing a healthier and more productive life. This <u>free</u> benefit of EqualityCare provides clients with 24-hour support, education and help coordinating services with you, their provider.

The role of providers in the Healthy Together! program

As a provider, you are very important part of the *Healthy Together!* team because you are able to:

- Identify, at the point of care, EqualityCare clients who will benefit from Healthy Together! program services
- Promote the program to your patients
- Collaborate with the *Healthy Together!* clinical team to create a stronger continuum of care and improved outcomes

In turn, Healthy Together! assists Wyoming providers by offering you

- A team of clinicians (nurses, social workers, licensed counselors, pharmacists and physicians) to help reinforce your treatment plans
- Support from our after-hours, toll-free education line helping redirect clients away from local emergency rooms or from after-hours services
- Educational tools and facts sheets on a variety of health and disease topics that you can use in your practice with your patients
- Guidance on conducting group visits, a model for seeing 15-20 patients during an extended visit, and producing better outcomes and increased patient satisfaction
- Free continuing medical education on nationally recognized, evidence-based clinical guidelines for treating patients in the primary care environment

Our goal is to support you in your care of the most fragile individuals—those who are disabled, chronically ill and elderly—with a coordinated team. The *Healthy Together!* care team is a crucial part of this network, and in partnership with physicians, PAs, nurses, case managers and community organizations, can make a significant impact on a person's health and quality of life.

How to refer an EqualityCare client to *Healthy Together!*

- Call 1-888-545-1710 to speak to a Health Coach or
- Download a referral form at: www.WYHealthyTogether.com/downloads/referral-form.pdf and fax to 1-888-242-1928.



The fundamental goals of *Healthy Together!*are to help keep EqualityCare clients healthy in order to improve their quality of life, as well as to reduce costly complications that can occur in clients with chronic illnesses.

For more information on *Healthy Together!* provider services, please contact APS Healthcare at 307-433-0970 or visit our website at: www.WYHealthyTogether.com

Healthy Together! is offered by the Wyoming Department of Health to all Wyoming EqualityCare clients at no cost. The program provides one-on-one support from a nurse, educational materials to encourage the self-management of health and assistance in coordinating care among multiple providers. Healthy Together! also provides EqualityCare clients with information on weight loss, smoking cessation, and how to adopt healthy lifestyles. Healthy Together! was named the Best Government Disease Management Program by the Disease Management Association of America in 2005.



