Wyoming Department of Health and UPLIFT Present

# Governor's Roundtable on Children's Mental Health and Starfish Awards 2010

## Hope and Resiliency

Feb. 8-9, 2010
Little America
Cheyenne, WY

| Date & Time | Governor's Roundtable on Children's Mental Health and Starfish Awards 2010<br>Hope and Resiliency Conference Agenda |
|---|---|
| **February 8, 2010** | |
| 8:00am – 10:00am | **Registration & Continental Breakfast** |
| 10:00am – 10:30am | **Welcome**<br>Rodger McDaniel, Deputy Director, Wyoming Department of Health |
| 10:30am – 12:00pm | **Plenary Session**<br>Barry L. Duncan, Psy.D.<br>*What's Right With You?—Recruiting Resilience and Restoring Hope* |
| 12:00pm – 1:15pm | **Luncheon Buffet**<br>*Testimony on Prescription Drug Abuse* |
| 1:30pm – 3:00pm | **Breakout Sessions**<br>*1. Becoming Outcome Informed*, Barry Duncan, Psy. D.<br>*2. Saving Each Other,* Patricia Harris<br>*3. Trauma Informed Interventions,* Rick Delaney, Ph.D.<br>*4. Board Training Track 1,* Mark Disselkoen<br>*5. High Fidelity Wraparound Overview,* Wyoming Trainers<br>*6. Title 14 Actions and Community Based Resources*, (Attorney CLE Approved) |
| 3:00pm – 3:30pm | **Break & Information Fair** |
| 3:30pm – 5:00pm | **Breakout Sessions**<br>*1. Heroic Kids and Families,* Barry Duncan, Psy. D.<br>*2. Saving Each Other,* Patricia Harris<br>*3. Helping the Multiply Impacted Child,* Rick Delaney, Ph.D.<br>*4. Board Training Track 2,* Mark Disselkoen<br>*5. Parenting Strategies,* Becky Lancaster & Karen Gieck<br>*6. Title 25, Involuntary Hospitalization* (Attorney CLE Approved) |
| 6:00pm - 8:00pm | **Starfish Awards Banquet**<br>Plated Dinner<br>Awards Ceremony<br>*Grace Under Fire,* Kayla Williams |
| **February 9, 2010** | |
| 7:30am – 8:30am | **Breakfast Buffet** |
| 8:30am – 10:00am | **General Session**<br>*Policy Makers & Consumer Panel* |
| 10:00am – 10:15am | **Break** |
| 10:30am – 12:00pm | **Breakout Sessions**<br>*1. Becoming Outcome Informed*, Barry Duncan, Psy. D.<br>*2. Saving Each Other,* Patricia Harris<br>*3. Trauma Informed Interventions,* Rick Delaney, Ph.D.<br>*4. Board Training,* Mark Disselkoen<br>*5. High Fidelity Wraparound Overview,* Wyoming Trainers<br>*6. The Appropriate Use of Psychotropics in Children: Wyoming Standards (GAL Attorney CLE Approved)* |
| 12:00pm – 1:30pm | **UPLIFT 20th Anniversary Awards Luncheon**<br>Buffet Lunch |
| 1:30pm – 3:00pm | **Breakout Sessions**<br>*1. Heroic Kids and Families,* Barry Duncan, Psy. D.<br>*2. Saving Each Other,* Patricia Harris<br>*3. Helping the Multiply Impacted Child,* Rick Delaney, Ph.D<br>*4. Board Training,* Mark Disselkoen<br>*5. Parenting Strategies,* Becky Lancaster & Karen Gieck<br>*6. Understanding HIPAA* (Attorney CLE Approved) |
| 3:00pm – 4:00pm | **Closing Session** |

## Theme of this conference

The Wyoming Department of Health and UPLIFT announces **"Resiliency and Hope"** as the theme for Its 2010 conference. This theme is to celebrate families, youth, consumers, and everyone involved in Wyoming's commitment to mental health. We strongly believe that the most effective way to support youth and families is to design mental health services and supports that are effective, that build on the strengths of individuals, and that address each person's cultural and linguistic needs. There is no health without mental health. The message **"Resiliency and Hope"** reflects Wyoming's culture and individual strengths that help us believe in ourselves and persevere. This conference will focus on the development of a stronger consumer voice in transforming mental health.

## Why you should attend this conference?

We are dedicated to providing a forum for dialogue, debate, and learning about innovations in research and policy focused on children's and Wyoming's mental health. Join us and be a part of defining new directions for Wyoming in 2010 and beyond.

## Starfish Thrower Awards—February 8, 2010 at 6pm

We applaud professionals, families, and communities in their advocacy for a family-driven, youth-guided, and a client driven, client guided approach to providing services. The annual Starfish Awards acknowledges achievement in the following categories:

- Person in recovery from substance abuse
- Person in recovery from a mental health disorder
- Substance abuse and/or mental health treatment advocate
- Public servant which can include an elected or appointed official, judge, legislator, or other public official
- Substance abuse and/or mental health treatment program
- Community coalition
- Substance abuse therapist
- Mental health therapist
- Wyoming youth, youth group, school, class, or individual under the age of 25 years advocating or supporting recovery
- Wyoming family or parents who are in recovery

## UPLIFTS 20th Anniversary Luncheon—February 9, 2010 at noon

UPLIFT is celebrating 20 Years of providing hope, health, and well-being for all Wyoming children and families. Since 1990 UPLIFT's focus has been to provide services of advocacy, support, prevention, intervention, referral, and education for families that have children and youth with or at risk of emotional, behavioral, learning, developmental, or physical disorders at home, school, and in the community. Join us as we celebrate and take time to look back over our history to recognize the humble beginnings of a few caring parents to an organization with six offices and 29 employees. A highlight of the luncheon will be awards in several categories of advocacy as well as family and youth achievement.

### Accommodations: Little America, Cheyenne

### For lodging reservations, please call 1-800-445-6945

A block of rooms is being held under "UPLIFT" until January 8, 2010 at the Little America Hotel in Cheyenne. You will be able to book a room at the special conference rate of $92 per night plus tax for a Standard King Room or $102 per night plus tax for a Standard 2 Queen bedroom. Make sure to mention you are participating in the "UPLIFT" conference when making reservations.
Assistance available if needed, please call 1-888-875-4383.

**Mileage Stipends are available.**
**Please inquire during conference check-in.**

**For more information or forms for Starfish Nominations, sponsorship of a Starfish Awards table, vendor booths, or sponsor a congratulatory message to UPLIFT that will be printed in the luncheon program; please go to**

**http://www.health.wyo.gov/mhsa**

**or call 1-888-875-4383.**

# Sponsors

Wyoming Department of Health

Commit to your health.

UPLIFT

Hope ~ Health ~ Well-Being

Mountain West ATTC

Dr. Phil Haberman, M.D.
Cheyenne, WY

You Don't Want to Miss the Governor's Roundtable on Children's Mental Health and Starfish Awards, 2010.
Reserve your seat today.